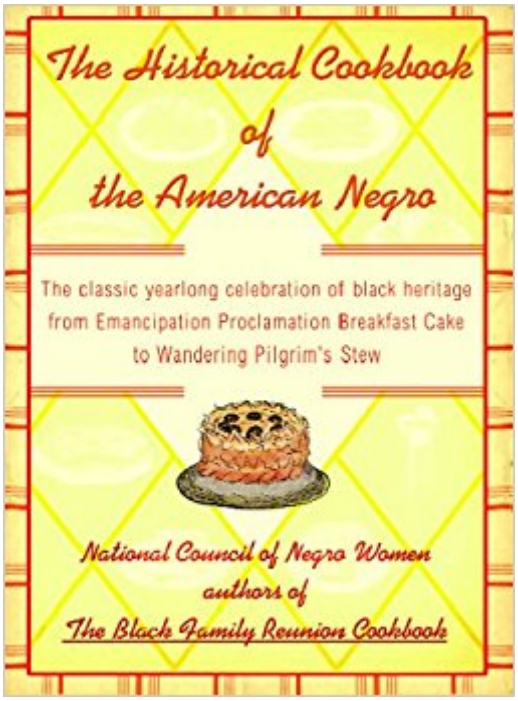
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The Historical Cookbook Of The American Negro: The Classic Year-Round Celebration Of Black Heritage From Emancipation Proclamation Breakfast Cake To Wandering Pilgrim's Stew



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Synopsis

From the organization that brought us The Black Family Reunion cookbooks comes The Historical Cookbook of the American Negro, a fun, richly brewed collection of recipes, historical facts, photos, and personal anecdotes. First published in 1958 by the National Council of Negro Women, it includes contributions from members in thirty-six states plus the District of Columbia and offers exceptional insight into American history and the African-American community at the time of its publication. As John Hope Franklin (whose own family owns a copy of the book) points out, much of the cultural information in the cookbook has never been passed down to successive generations. Arranged according to the calendar year, the cookbook opens with a cake to be baked in celebration of both New Year's Day and the Emancipation Proclamation. Scattered among the recipes one finds excerpts from documents such as the Gettysburg Address and the Universal Declaration of Human Rights. Tributes to well-known figures like Harriet Tubman, Phillis Wheatley, and Booker T. Washington appear alongside brief bios and recipes in celebration of important but obscured figures. This delightful collection of delicious recipes helps us commemorate African-American history throughout the year.

Book Information

Hardcover: 263 pages
Publisher: Beacon Press (October 20, 2000)
Language: English
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Shipping Weight: 15.8 ounces
Average Customer Review: 4.1 out of 5 stars 10 customer reviews
Best Sellers Rank: #895,177 in Books (See Top 100 in Books) #48 inÃ Â Books > Cookbooks, Food & Wine > Regional & International > Native American #1175 inÃ Â Books > Cookbooks, Food & Wine > Cooking Education & Reference > History #3150 inÃ Â Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional

Customer Reviews

In 1958, the National Council of Negro Women published a cookbook documenting their food heritage. Organized to serve as a means of observing annual holidays, it presented recipes from the earliest days of the nation, with contextual commentary. The cookbook marched boldly into territory

beyond plantation life with exotica such as sukiyaki and Ceylon curry. A new reprint of The Historical Cookbook of the American Negro offers insight into both the cooking of the first generations of African Americans and the self-perception of their female descendants at the outset of the sixties' civil rights movement. Mark KnoblauchCopyright Ã Â© American Library Association. All rights reserved

The National Council of Negro Women (NCNW) is an organization dedicated to improving the lives of African-American women, their families, and their communities. Dorothy I. Height, national president and CEO of the NCNW, worked on the original edition of the cookbook in 1958 and lives in Washington, D.C. Anne Lieberman Bower, associate professor of English at Ohio State University, Marion, is editor of Recipes for Reading. She lives in Delaware, Ohio

This is a requirement for good food in the southern way ... I grew up in the South and remember some of these delicious recipes that my mother and grandmother use to make. I have added it to my most prized collection of cookbooks, after a friend at work brought it to show it to me. Delicious recipes to be enjoyed by everyone... yum yum!!!!!!!!!!!!!!!!

Loved it.

Great book

I gave my sister this book as a Christmas gift. With it comes history lessons and an appreciation for the foods of our childhood that still evoke wonderful memories of our ancestral struggles and comforts.Ã Â Navigating Life's Roadways: Stories of Insight from My Odyssey and Inspiration for Your Journey

Item delivered on time, was as described. A great addition to my cookbook library.

The stories are entertaining and educational. Although some recipes seem a little far fetched to me, most were very familiar. It was a joy to see where it came from and how they have evolved.

Didn't care for it

It’s not so much for the recipes that I am buying this cookbook. There are some fabulous recipes in here - the waterwhip pie crust, corn pancakes, glorified shrimp- but many of the preparations are not to modern taste or use ingredients that are dated (suet, lard, palm oil). No, the fascinating part of this little treasure is the history that binds it together. Not only is it snapshot of the 1950’s, with its aspics and community suppers, and surprising reliance on convenience products of the time, but the African American history it preserves is precious in its own right. The pages on Robert Smalls alone are worth owning this book. The index needs work and the user guide recipe updates for modern use should have been included at the end of every recipe instead of burying them in a chapter at the back of the book, but after reading thru this once as a novel, I am ready to use it as an actual cookbook. But as a record of Black history thru the year, it is priceless.

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